



JANUARY 14U

# NEWSLETTER



## Happy New Year!

We hope everyone enjoyed a fantastic holiday break and we're thrilled to welcome you all back to the gym!

- Travel and tournament picture schedules have been posted in your Leaguapps group chat.
- We understand that navigating the calendar can be a bit daunting, so we trust this will help simplify things!

We're excited about the amazing season ahead! See you in the gym!



### Mark Your Calendars!

- January 10: 13s Event #1
- January 17: 12s Event #1
- January 24: 14s Event #2
- January 25: 11s Event #1
- January 25: 13s Event 2
- January 31: 12s Event #2

### Coach Highlight: Coach Jessian

Coach Jessian maintains consistent communication with her team. Her practices are well-structured, and the energy, feedback, and effort have all been exceptional. Fantastic work, Jessian—keep it going!



Tag us on Instagram with your Action Shots!



### Player Highlight: Mia 12-Adidas

Mia has been doing a great job on her transition from the middle to the outside- she played a huge role for us last tournament, where she injured herself but has continued to show up to every practice to support her teammates and help with other roles from off the court with such a great attitude. Keep up the great work Mia!

-Coach Bri

