



JANUARY HS

NEWSLETTER



Happy New Year!

We hope everyone enjoyed a fantastic holiday break and we're thrilled to welcome you all back to the gym!

- Travel and tournament picture schedules have been posted in your Leaguapps group chat.
- We understand that navigating the calendar can be a bit daunting, so we trust this will help simplify things!

We're excited about the amazing season ahead! See you in the gym!



Mark your Calendars!

- January 10-11: 18s Event #1
- January 17: 17s Event #1
- January 18: 16s Event #1
- January 19: 15s Event #1
- January 31: 17s Event #2

Coach Highlight: Coach Yema

Coach Yema has consistently demonstrated her constructive and energetic coaching style across all three of her teams! Her dedication to the club and her teams is truly remarkable, and her enthusiasm and feedback have played a vital role in their growth. Keep up the fantastic work, Yema!

Player Highlight: Helena 16-Ultra Tori

Helena has consistently shown the attitude and the passion of what a national player should look like. As an outside for our team, she hit 0.500 in 4 of our 6 games at the first two day tournament. She consistently motivates girls throughout practice to be the best athletes. She knows what I expect of the team and pushes her teammates to execute. Keep up the great work Helena!

-Coach Tori



Tag us on Instagram
with your Action Shots!

